The University of Oregon football strength and conditioning program, under the direction of Head Strength Coach Wilson Love, we are accepting internship applications for both winter (January 8 to March 15) and spring (April 1 to June 7) 2024. Applicants must have strong work ethic, as well as a strong desire to become a professional strength coach. This is an unpaid volunteer position, and is structured for those interested in pursuing a career in strength and conditioning coaching.

Work hours will range from early morning to early evening, and workdays will range from 5-7 days per week. Responsibilities include set up and tear down of weightroom and running workouts, periodic weightroom cleaning, equipment maintenance, record keeping, restocking of refueling stations, and participation in the professional development component of the internship program.

Qualified candidates will receive invaluable insights of on-floor training of a FBS football program, speed and agility training techniques, as well as gaining firsthand experience in the latest coaching techniques and establishing a network of professional references.

TO APPLY: If interested, please email cover letter, resume, and list of references to Assistant Strength Coach Christian Tupou at: ctupou@uoregon.edu.