



INTERN WITH US

NORTHERN ARIZONA UNIVERSITY STRENGTH AND CONDITIONING

SPRING INTERNS

DATES:
JANUARY
13TH, 2025
TO MAY
1ST, 2025

Applications
due October
18th, 2024

Send Resume, Cover Letter,
and 3 References in one PDF
to Anna Gowing at
annamarie.gowing@nau.edu



INTERNS WILL:

GAIN EXPERIENCE COACHING VARIOUS
DIVISION 1 SPORTS

USE STATE-OF-THE-ART TECHNOLOGY
(NORDBOARDS, FORCE DECKS, RUN ROCKETS,
TENDO UNITS AND CATAPULT)

STATE-OF-THE-ART SPORTS SCIENCE CENTER

LEARN HOW TO UTILIZE VARIOUS
PROGRAMMING AND PERIODIZATION
MODELS

WORK COLLABORATIVELY WITH OTHER
SUPPORT STAFF

LEARN FROM VARIOUS STRENGTH AND
CONDITIONING COACHES WITH A WIDE VARIETY
OF BACKGROUNDS.



Follow us on Instagram: @NAUStrength

WHERE ARE OUR FORMER INTERNS/GRADUATE ASSISTANTS NOW?

